

At a Glance...



Hurricane Supplies Kit

Professional Insurance Agents of Florida: *A vital link to your success*

The American Red Cross and the Federal Emergency Management Agency recommend the following items be included in a hurricane supplies kit:

Water

Store water in plastic containers — not containers that can break or decompose

Store one gallon of water per person per day (2 quarts for drinking, 2 quarts for food preparation/sanitation)

Keep at least a three-day supply of water for each person in your house

Food

Store at least a three-day supply of non-perishable food. Select foods that require no refrigeration, cooking, and little or no water.

Ready-to-eat canned meats, fruits and vegetables

Canned juices, milk, soup (if powdered, store extra water)

Staples: sugar, salt, pepper

High-energy foods: peanut butter, jelly, crackers, granola bars, trail mix

Foods for infants, elderly persons or persons on special diets

Comfort/stress foods: cookies, hard candy, sweetened cereals, instant coffee

Clothing and bedding

Include at least one complete change of clothing and footwear per person.

Sturdy shoes/work boots

Weather-appropriate clothing such as rain gear, hats and gloves, sunglasses

Blankets or sleeping bags

First aid kit

At least a three-day supply of all prescriptions

Sterile adhesive bandages, gauze pads, roller bandages and safety pins in assorted sizes (several of each)

Hypoallergenic adhesive tape

Tube of petroleum jelly or other lubricant

Cleansing agent/soap

Non-prescription drugs such as aspirin or non-aspirin pain reliever; anti-diarrhea medication, antacid, laxative

Thermometer Antiseptic

Tweezers Vitamins

Scissors Sunscreen

Moistened towelettes

Latex gloves (2 pairs)

Important family documents

Store in a waterproof, portable container

Wills, insurance policies, contracts, deeds, stocks and bonds, family records

Passports, immunization records, bank and credit card account numbers

Inventory of valuable household goods and important telephone numbers

Tools and supplies

Paper cups, plates and plastic utensils

Battery-operated radio and extra batteries

Flashlight and extra batteries, whistle

Cash or travelers' checks, change

Non-electric can opener, utility knife

Fire extinguisher: small canister, ABC type

Matches in a waterproof container

Plastic storage containers

Shut-off wrench to turn off household gas and water

Map of the area (for locating shelters)

Sanitation items such as toilet paper, soap, liquid detergent, feminine supplies, personal hygiene items, disinfectant

Plastic garbage bags, sheeting, ties

Plastic bucket with tight lid

Household chlorine bleach

Aluminum foil Tube tent

Medicine dropper Paper, pencil

Needles, thread Signal flare

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Professional Insurance Agents of Florida

1390 Timberlane Road • Tallahassee, FL 32312 • 800-277-1171 • 850-893-8245 • 850-893-8316 fax • www.piafl.org